

## **Senior Syndicate Homework** **Pride Challenges** **Year 8**

To successfully complete the Year 8 level you need to achieve 14 of these challenges. You must complete at least 2 from each category.

### **Service and Citizenship**



- Give to children in need. Participate in the 40 hour famine. Raise at least \$50.
- Prepare and serve 3 family meals. Each meal is to have 3 courses, menus and suitable mood music. Photographs and feedback from diners required.
- Give to families in need. In groups of 4 find a way to help those in need eg collect food or goods for foodbanks, SPCA, Salvation Army etc.
- Visit an elderly person at least 10 times over 2 terms.
- Give your skills to help others. Donate your time to a community service organisation or volunteer group.
- Help with the PE shed, library, or other school service group for the year.
- Help our school look great. Choose an area of the school grounds for 2 terms and keep it in order.
- Organise and run a series of 7 lunchtime games or activities for younger children in the school.
- Act as a mentor for a Year 7 completing the Pride Challenge. Support them with challenges, and help them to organise their time.
- Design and create a board game or other activity for a wet weather lunchtime in your class.
- Research a local issue you feel strongly about or which affects you. Write a persuasive letter giving your opinion to the relevant authority, eg District Council, local MP etc.
- Plan and run a stall, activity or game for the Kapiti Karnival. It needs to raise at least \$40 for the school.
- Design your own challenge.

### **Physical Activity and the Outdoors**



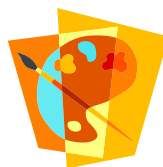
- Improve your fitness. Over a four week period walk or run 50km or bike 100km.
- Improve your swimming skills. Train for and complete a 1000m swim nonstop.
- With a family member or family friend, complete an overnight tramp.
- Undertake and complete an endurance event, eg triathlon, cycle race, funrun etc.
- Compete in a sport for an entire season.
- Walk or cycle the Rimutaka Incline walkway with a family member.

- Successfully complete a course or qualification relating to the outdoors eg Mountain safety course, outdoor first aid course, Regional Council workshop.
- Grow a crop of vegetables or develop a herb garden.
- Establish a compost heap. Produce compost for a garden.
- Research growing giant pumpkins. Grow the largest pumpkin you can. Photo and measurements will be recorded for a syndicate competition.
- Research games played by Maori in early NZ, or early games from other cultures. Prepare the rules and history, and teach the game to your class.
- Produce an instructional video on bike or scooter maintenance.
- Design your own challenge.



### **Academic Excellence**

- Be a reporter. Report an event in writing and submit it to a local newspaper
- Improve your science and technology skills. Design and build a model glider.
- Improve your public speaking skills and confidence. Prepare and deliver a speech on the topic of your choice to the syndicate.
- Carry out a scientific investigation on a topic of your choice. Follow the scientific method and present your findings to the syndicate.
- Carry out a statistical investigation. Present your results to the syndicate.
- Read two book series in the same genre. Contrast and compare plots, characters, settings etc. Present as a report.
- Research your ancestry. Create a family tree that goes back at least 4 generations. Prepare a report about what you found out.
- Follow a sports team through a season. Prepare a record including game results, statistics, and controversies. Review games. Include photos, newspaper articles etc.
- Design a line of clothing for children, teenagers or adults. The clothing can be formal or casual, for school or work. Draw your designs, and make fabric templates.
- NZ Hall of Fame. Select an area to research such as inventors, musicians, scientists, entrepreneurs, performers etc. Research prominent New Zealanders in your chosen field. Select the top 5 – justify your choices – produce an indepth report on each explaining who, what, where, when, how. Publish and present in a creative way.
- Design your own challenge



### **Excellence in the Arts**

- Learn an instrument during the year. Prepare a recital for the syndicate.
- Create a movie that highlights an important issue or event.
- Create an artwork using a natural landscape as inspiration.
- Use a creative ICT tool to design a “Pride” message.
- Join the band, choir, ukulele orchestra, kapa haka or dance group for the year, participating in all rehearsals and performances.

- Learn a craft, eg knitting, pottery, embroidery, wood carving. Produce an artifact using these skills.
- Decide on a theme and create a photography portfolio. You need to have at least 20 photographs in your portfolio and describe how the theme is developed.
- Make a flax kete, flower or box. Research patterns and techniques from the internet, make the object, then teach others in your class how to make it.
- Research and learn a Maori stick game, poi routine or haka. Teach it to your class.
- Research and create a cookbook for a regional French cuisine. As well as producing the cookbook you need to make and serve at least one of the dishes.
- Script, film and upload a play or documentary onto Youtube.
- Design and produce a working useable apparatus using recycled materials.
- Design and create a working weathervane. It must be functional, durable, and attractive enough to display in a garden.
- Design your own challenge.

Challenge Achieved	Student	Parent	Teacher
1.			
2.			
3.			
4.			
5.			
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8.			
9.			
10.			
11.			
12.			
13.			
14.			